## **Evaluation of Silymarin as a Promising Radioprotector**

Manish Adhikari<sup>a</sup>, Rajesh Arora<sup>a,b</sup>, Raman Chawla<sup>a</sup>, Jyoti Sharma<sup>a</sup>, Atlar Singh Dhaker<sup>a</sup>, Damodar Gupta<sup>a</sup>, Neha Dubey<sup>a</sup>, Raj Kumar<sup>a</sup>, Veselin Ivanov<sup>b</sup>, Veselina Gadjeva<sup>b</sup>, Renata Gevrenova<sup>c</sup>, and Rakesh Kumar Sharma<sup>a,\*</sup>

- <sup>a</sup> Institute of Nuclear Medicine and Allied Sciences, Brig SK Mazumdar Marg, Delhi-110054, India. E-mail: rks@inmas.drdo.in
- Department of Chemistry and Biochemistry, Medical Faculty, Trakia University, Armeiska 11, Stara Zagora 6000, Bulgaria
  Faculty of Pharmacy, Medical University Sofia, Dunav Str. 2, Sofia 1000, Bulgaria
- \* Author for correspondence and reprint requests

Z. Naturforsch. **65 c**, 337–346 (2010); received December 23, 2009/February 22, 2010

Silymarin, a purified extract of seeds of *Silybum marianum* L. and well known for its hepatoprotective abilities, has been evaluated for inherent utility as a radioprotective agent. A fraction (INM-7035) was authenticated by characterizing the percentage composition of silybin A and B (39.9% and 57.4%). Free radical scavenging activities of INM-7035 against superoxide radicals (>68%), hydroxyl radicals (>33.75%), DPPH (67.2%), and ABTS (32.4%) were also evaluated. The fraction chelated (>30%) ferrous ions, thereby able to restrict amplification. INM-7035 exhibited >50% peroxyl radical scavenging activity in the lipid phase along with dose-dependent ( $R^2 = 0.990$ ) reducing power in the aqueous phase. Radiation-induced free radical flux can lead to disruption of biomolecules like membrane lipids. INM-7035 completely inhibited lipid peroxidative stress in case of membranes against supralethal radiation stress in the liposomal system. The ability of INM-7035 to modulate the levels of NF- B, indicated its inherent potential as a radioprotective bioactive constituent.

Key words: Silymarin, Radioprotection, Antioxidant